

Variable	Mean	SD	Min	Max
Age	34.5	10.2	18	65
Gender	Male	10.5	0	21
Marital status	Married	15.2	0	21
Education	High school	12.8	0	21
Occupation	Unemployed	18.5	0	21
Income	Low	15.1	0	21
Health status	Good	12.3	0	21
Stress level	High	18.7	0	21
Life satisfaction	Low	14.9	0	21
Depression	Severe	19.2	0	21
Anxiety	High	17.6	0	21
Substance use	Alcohol	16.4	0	21
Smoking	Smoker	13.7	0	21
Exercise	Regular	11.5	0	21
Diet	Healthy	10.8	0	21
Sleep	Good	12.1	0	21
Work-life balance	Low	15.3	0	21
Family support	Low	14.6	0	21
Community support	Low	13.9	0	21
Healthcare access	Low	12.7	0	21
Financial stability	Low	11.2	0	21
Education level	High school	12.8	0	21
Occupational status	Unemployed	18.5	0	21
Income level	Low	15.1	0	21
Health status	Good	12.3	0	21
Stress level	High	18.7	0	21
Life satisfaction	Low	14.9	0	21
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